Apple Mint Jalapeño Almond Cole Slaw

(if I added cabbage, onion, honey and mayonnaise to the name we wouldn't even need a recipe!) (using a mandolin type slicer works well with this...)

4 cups thinly sliced cabbage

½ sweet red onion, thinly sliced

2 apples, julienned, core and seeds removed

2 (or 3) finely chopped fresh jalapeños, seeds removed

3/4 cup toasted almonds, chopped in large chunks

½ cup julienned fresh mint

2 tablespoons honey

1 cup mayonnaise

Salt and white pepper